



# DISASTER SUPPLIES KIT

## Disaster Supplies Kit

A disaster supplies kit is a collection of basic items you would need to be comfortable during and after a disaster. These items should be stored in a portable container(s) as close as possible to the exit door. You may want to carry a smaller version of this kit in your car as well.

### Basic Items:

- Water, one gallon per person, per day for at least three days, for drinking and sanitation.
- Food that will not spoil and requires no cooking, such as canned food, dry cereals, and snacks. Also include a manual can opener and eating utensils.
- Portable, battery-powered or wind-up radio and extra batteries.
- Flashlight and extra batteries.
- First aid kit.
- Whistle to signal for help.
- Duct tape, scissors, and plastic sheeting to seal openings in your shelter-in-place room.
- Moist towelettes, garbage bags and plastic ties for personal sanitation.
- Wrench or pliers to turn off utilities.

### Additional Items To Consider Adding To Your Kit:

- Special needs items, such as at least 7-days' worth of prescription medications, extra eyeglasses, contact lenses, contact lens solution, and hearing aid batteries.
- Personal hygiene items, such as shampoo, toothpaste, and a toothbrush.
- Infant formula and diapers.
- Pet food and extra water for your pet.
- Household chlorine bleach and medicine dropper - When diluted one part bleach to nine parts water, bleach can be used as a disinfectant. To sanitize drinking water, dilute 16 drops of bleach to a gallon of water.



- Copies of your prescriptions, immunization records, insurance policies and identification cards. Store them in a waterproof container.
- Cash or traveler's checks and change.
- A fire extinguisher (ABC type).
- Matches in a waterproof container.
- Sleeping bag or warm blanket.
- Complete change of clothing, including a long-sleeve shirt, pants and sturdy shoes.
- Books, games, puzzles or other activities for children.
- Tools, a map of the local area, and any other items to meet your unique needs.